



## AKC BERNESE MOUNTAIN DOGS

# Puppy Desensitizing Play List

As an early intervention that helps prevent anxiety from developing in our puppies because of changing noises around them. Here is our list.

### **From birth until "Go Home Day"**

Dog Sleep Music 15 Hours

### **Day 13 until "Go Home Day"**

General Desensitizing 8 Hours

### **Day 13 until "Go Home Day"**

Thunder Storm 6 Minutes

Rain Storm 1 Hour

Thunder Storm 1 Hour

## **Day 15 until "Go Home Day"**

Airport Sound Effect 1 Hour

Atlanta Airport 1 Hour

More Airport Sound Effects 1 Hour

## **Day 20 until "Go Home Day"**

Desensitize Dogs to Noises 8 Hours

Animal Sounds 11 Minutes

Animal 20 Minutes

## **Day 21 until "Go Home Day"**

Baby 2 minutes

New Born Baby 2.3 Hours

## **Day 22 until "Go Home Day"**

City 10 Hours (portions of this are played each day - not the whole thing)

City 10 Minutes (Every day)

## **Day 23 until "Go Home Day"**

Construction 45 Seconds

Power Tools 12 Hours (portions of this are played each day - not the whole thing)

## **Day 24 until "Go Home Day"**

Crowd Clapping 1 Minute

Crowd Clapping 10 Minutes

Crowd Clapping 13.5 Minutes

Crowd Chatter 1.25 Minutes

## **Day 26 until "Go Home Day"**

Angry Dog Barking 2 Minutes

Dogs 15 minutes

## **Day 27 until "Go Home Day"**

Door Knocking 1 Minute

Door bells 3.25 Minutes

More door knocking 1.5 Hours

## **Day 28 until "Go Home Day"**

Fireworks 1 Hour

## **Day 29 until "Go Home Day"**

Firearms 45 seconds

Firearms 42 Seconds

Firearms 9 Minutes

## **Day 30 until "Go Home Day"**

Footsteps 2 Minutes

## **Day 31 until "Go Home Day"**

Kitchen 3.5 minutes

Kitchen 7.5 minutes

Sleeping Music 3.5 minutes

Sleeping Hymns with piano 1 hour

All kinds of sounds 3 minutes