



## LICKIMAT BENEFITS



### **Reduced Anxiety & Boredom:**

LickiMat is designed to reduce anxiety & promote calm behavior in your Berner by encouraging licking. Licking releases a calming hormone in Berners (all dogs and cats).



### **Distract & Entertain:**

Can help promote calm behaviour during stressful times like storms and fireworks.



### **Training Aid:**

LickiMat is used for all types of training e.g. distraction and crate training.



### **Improved Oral Health:**

Licking increases saliva production that further cleans the mouth. Scraping the tongue freshens your Berner's breath. Increased saliva production can also aid digestion.



### **Recommended for all Dogs and Cats:**

LickiMat is perfect for both dogs and cats as a treat maker, slow feeder or an alternate to a pet bowl.



### **Healthy Treats:**

LickiMat also allows you to experiment with different foods to create healthy treats.



### **Slow Feeder:**

LickiMat makes a small meal last longer. Perfect for weight-loss (for Bernse, absolutely and maybe for their human pets too. We've never tested it on people.)



### **Grooming and Bathing:**

LickiMat keeps pets distracted and busy whilst being groomed, bathed & during vet visits. Keep one in the house & one in the vehicle.



**Treat Suggestions:** Cream Cheese, Yogurt  
Canned Fish, Wet & Raw Food, Banana, Pumpkin

**Tip:** Freeze to extend the challenge rewarded!